



Thomas S. Wootton High School

Common Sense

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Community Mourns the Loss of Rachels

By Jared Nelson

Two weeks after the tireless search for the two missing teens had commenced, Junior Rachel Smith and graduate Rachel Cline were found dead in the Cline's family car on Friday, February 2 in Loudoun County, Virginia.



Seniors David Ryan, Colleen and Jason Elizabeth West remember the Raches at a sign on February 6.



Recipe Campaign Drive

- Bringing Awareness To Teenage Suicide -

Children and Families need not suffer quietly alone

As a Community - WE can make a difference with one teenager, one family, *one conversation at a time*

- ✧ Bring a voice to this silence
- ✧ Dispel the stigma of this mental health issue
- ✧ Create a place to provide support and information
- ✧ Help sponsor activities to promote awareness

Some facts about Suicide:

- ✧ 3rd leading cause of death among Americans between the ages of 15-24
- ✧ 2nd leading cause of death among those between the ages of 25-34
- ✧ Fifty percent of those who die by suicide were afflicted with major depression
- ✧ More information can be found at: www.foods-4-thought.org

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Help by donating a treasured recipe to Foods-4-Thought cookbook

Please send your recipes to: recipe@foods-4-thought.org